

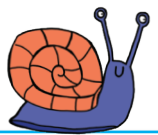
Pass the Positivity



Looking for some inspiration to get started with your Positivity Message, Drawing or Poem? You can use some or all of the below to help, or come up with your own ideas.



Words



- Joy
- Hope
- Happiness
- Gratitude
- Empathy
- Love
- Friendship
- Inspire
- Playful
- Amazing
- Cheerful
- Bright
- Proud
- Great
- Smile
- Laugh
- Special

Poem



Use the words to form the basis of an **acrostic** poem.

Or maybe you'd prefer to create some rhyming verse or a haiku?

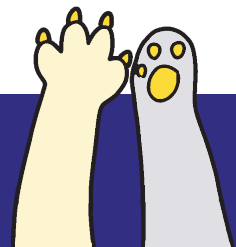
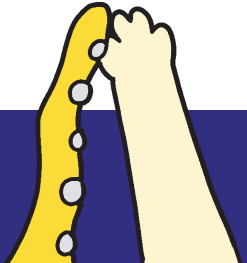
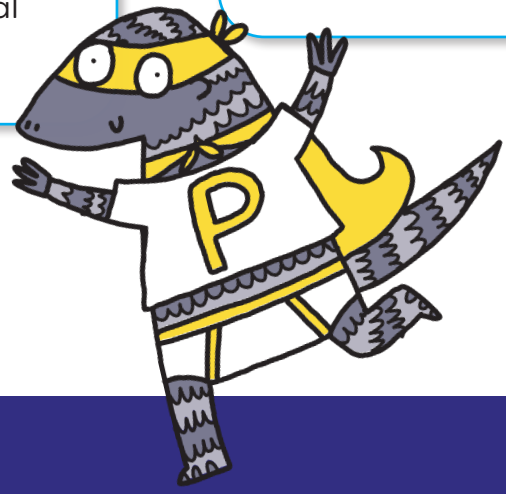
If you choose a **haiku**, remember it's a three line poem. The first and third lines should have 5 syllables and the second line should have 7 syllables.

Drawing

Start your Positivity Drawing off by creating a scene with some of your favourite things!

You could **draw**:

- A big sun or even a rainbow
- Your pet or your favourite animal
- Your perfect day or a picture of you and your friend.



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